



Special points of interest:

- Trend of the Month
- Slang Drug Terms
- Child Abuse
- Signs of Neglect and Abuse

Quote of the month:

The future belongs to those who believe in the beauty of their dreams.

Eleanor Roosevelt

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Atlantic County Juvenile Officer's Association

May Trends of the Month

Vodka Eyeballing

Afraid to be caught with the smell of alcohol on their breath, many kids have taken up the vodka eyeballing trend. Instead of throwing back a shot, teens hold the bottle to their eye and pour the liquid directly into the eye, which is laden with blood vessels. Here, the alcohol is quickly absorbed through the mucous membrane and enters the bloodstream immediately through the veins at the back of the eye. Eyeballing may yield a quick buzz without the bad breath but there can be extreme consequences:



Because most vodkas are between 40 and 50 percent alcohol, it can scar and burn the cornea, and even cause blindness purpose is to obtain the high that comes when the restraint is released and the blood rushes back into the brain. In actuality, the "high" feeling comes from thousands of brain cells dying because of lack of oxygen, causing long term brain damage, comas, strokes, and bleeding in the brain (also known as "silent stroke"). Because there is never a way to know the exact

The Choking Game

This potentially lethal "game" involves the use of restraints or the assistance of a friend to choke the player in order to cut off the flow of blood to the brain. The

purpose is to obtain the high that comes when the restraint is released and the blood rushes back into the brain. In actuality, the "high" feeling comes from thousands of brain cells dying because of lack of oxygen, causing long term brain damage, comas, strokes, and bleeding in the brain (also known as "silent stroke"). Because there is never a way to know the exact time to let go, many participants pass out and some have actually hanged themselves. Most players are teens who want to get high with using drugs or alcohol. Although it is estimated that as many as 250 to 1,000 teens die from playing the choking game each year, most are ruled sui-

Slang Drug Terms: H

h - bomb - Ecstasy (MDMA) mixed with heroin
h caps - Heroin
hache - Heroin
hail - Crack Cocaine
haircut - Marijuana
hairy - Heroin
half - 1/2 ounce
half a football field - 50 rocks of crack
half elbows - 1/2 pound of methamphetamine
half g - \$500
happy pill - Methylenedioxymethamphetamine (MDMA)
happy powder - Cocaine
happy stick - Marijuana and PCP

henry viii - Cocaine
hera - Heroin
herb - Marijuana
herb and al - Marijuana and alcohol
herba - Marijuana
herbal bliss - Methylenedioxymethamphetamine (MDMA)
herbs - cannabis
heri - heroin
herms - PCP
hero - Heroin
hooch - Marijuana
hoodie - marijuana cigarette
hooked - Addicted
hooter - Cocaine; marijuana



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Child Abuse. What is it? The Facts

What is Child Abuse?

Child abuse, or child maltreatment, is an act by a parent or caretaker that results in or allows the child to be subjected to death, physical injury, sexual assault, or emotional harm. Emotional abuse, neglect, physical abuse, and sexual abuse are all different forms of child abuse.

What are Child Sexual Abuse and Incest?

Child sexual abuse is any sexual act performed with a child by an adult or older child, with or without force or the threat of force. Child sexual abuse is most commonly committed by someone known to the child, including family members. In this case, the act may be considered incest. Incest is overt and/or covert sexual contact or acts between people who are related genetically, by marriage, by living arrangements, or in whom a child perceives a trusting relationship, for example parents, grandparents, siblings, aunts, uncles, cousins, step-parents, foster parents. Incest is one of the most common forms of child sexual abuse. It may start as seemingly innocent touching and progress to more serious acts. It can

continue for years. Other individuals who may commit child sexual abuse include neighbors, family friends, baby sitters, religious leaders, youth group leaders, or others with a power advantage of any kind over the child. Child sexual abuse may also be committed by a stranger. The acts can include: touching or non-touching, verbal seduction or abuse, anal or vaginal intercourse, oral sex, sodomy, manual stimulation, direct threats, implied threats, or other forms of abuse.

What is the Impact on Children Witnessing Domestic Violence?

The emotional toll on children who witness threats or violence against others can be substantial, especially when those involved are familiar to the child and the violence takes place in the home.

Children may be affected when they witness domestic violence, regardless of whether or not they are directly abused.

Current research has found that children exposed to domestic violence are at an increased risk for emotional and behavioral problems, including anxiety, depression, and academic problems.

The research also suggests that some children who have witnessed domestic violence show no symptoms of psychological distress.

Children's responses may depend on the severity and frequency of the abuse, the availability of family and community support, and the child's resilience. Once their safety is assured, most children can overcome the effects of trauma through professional counseling or other supportive interventions.



Every year in the United States
Up to 10 million children are exposed to domestic violence. There are nearly 3 million reports of child abuse and neglect made.

Every day in the United States
4 children die as a result of child abuse and neglect.



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Signs of Abuse and Neglect

Signs of Abuse and Neglect

It can be difficult to recognize when a child is being abused; below are 10 common signs to watch for. Learning these signs and discussing them with those close to you is the first step in breaking the pattern of violence that hurts us all.

1. Unexplained injuries. Visible signs of physical abuse may include unexplained burns or bruises in the shape of objects. You may also hear unconvincing explanations of a child's injuries.

2. Changes in behavior. Abuse can lead to many changes in a child's behavior. Abused children often appear scared, anxious, depressed, withdrawn or more aggressive.

3. Returning to earlier behaviors. Abused children may display behaviors shown at earlier ages, such as thumb-sucking, bed-wetting, fear of the dark or strangers. For some children, even loss of acquired language or memory problems may be an issue.

4. Fear of going home. Abused children may express apprehension or anxiety about leaving school or about going places with the person who is abusing them.

5. Changes in eating. The stress, fear and anxiety caused by abuse can lead to changes in a child's eating behaviors, which may result in weight gain or weight loss.

6. Changes in sleeping. Abused children may have frequent nightmares or have difficulty falling asleep, and as a result may appear tired or fatigued.

7. Changes in school performance and attendance. Abused children may have difficulty concentrating in school or have excessive absences, sometimes due to adults trying to hide the children's injuries from authorities.

8. Lack of personal care or hygiene. Abused and neglected children may appear uncared for. They may present as consistently dirty and have severe body odor, or they may lack sufficient clothing for the weather.

9. Risk-taking behaviors. Young people who are being abused may engage in high-risk activities such as using drugs or alcohol or carrying a weapon.

10. Inappropriate sexual behaviors. Children who have been sexually abused may exhibit overly sexualized behavior or use explicit sexual language.



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